THIRTEENTH SUNDAY IN ORDINARY TIME 30th June

Jesus' mission is one of healer; our prayer and relationship with him is one which heals past bitterness, guilt, grudges and anger. Can you come to him with confidence that he can heal all this within you?

MASSES

Vigil Saturdays: 6pm Sundays: 9am & 11am

Weekdays: Monday to Saturday 10am

CONFESSIONS

Saturdays 10.30am and 5.30pm

Monsignor Gearóid Dullea Co-P.P.

Tel: 021- 429 2296

Emergency Mobile 087 – 239 5434

Parish Office: 021 - 429 4332

Email: parishoffice@ballinloughparishcork.ie

Web: www.ballinloughparishcork.ie

Webcam: www.churchservices.tv/ballinloughlourdes



Feast days of the week Monday 1st July St. Oliver Plunkett

From Irish nobility. Ordained in Rome in 1654, he became a professor of theology until appointed Archbishop of Armagh in 1669. He ministered in Armagh, though forced to work in a covert way during the suppression of priests. He was arrested and tried at Dundalk for conspiring against the state. He would never be convicted in Ireland, and was moved to Newgate Prison, London. He was found guilty of high treason. He was the last Catholic to die for his faith at Tyburn, and the first of the Irish martyrs to be beatified in 1920. He was canonized by Pope Paul V1 on 12th October 1975.

<u>Wednesday 3rd St. Thomas</u> is said to have preached the gospel in India where he was martyred. The faith that led him to know Christ in his wounds also sent him to the farthest places to preach Christ.

<u>Thursday 4th St. Elizabeth of Portugal</u>, of the House of Aragon, had an unhappy marriage with the King of Portugal. She persevered in prayer and good works, and as a widow lived in poverty as a Franciscan tertiary.

<u>Friday 5th St. Anthony Zaccaria</u>, was a medical doctor before becoming a priest in Milan. He founded the Barnabites.

Saturday 6th St. Maria Goretti,

<u>St. Moninne of Killeavy</u>, was one of Ireland's early women saints. After instruction on the religious life, she founded a community at Sliabh Gullion, Co. Armagh. Moninne died in 517 or 518.

The Society of St Vincent de Paul appreciates

your continuing support.
June Collection: €1,060
Need help or wish to volunteer:

Contact SVP 021 427 0444.

Next SVP Church Gate Collection: 13th & 14th July.



Deaths

We remember in our prayers Margaret O'Leary, Ballinlough, and Ann Long, Ballinlough, may they rest in peace, our sympathies to their families, friends,



and kind neighbours.

Eternal rest grant unto them O Lord and let perpetual light shine upon them. May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

THE PRAYER INTENTIONS OF THE HOLY FATHER FOR THE YEAR 2024

FOR THOSE FLEEING THEIR OWN COUNTRIES

We pray that migrants fleeing from war or hunger, forced to undertake journeys full of danger and violence, find welcome and new opportunities in the countries that receive them.

For a cyclist it is always easier to cycle with other riders who will take turns breaking through a headwind and making it easier to keep the momentum up.

A lone breakaway cyclist will always have to work harder on a solo break and

will have to do all the work breaking through any headwind. The same can be said of us too. Sometimes when we move out of the safety and protection of others or when we do a solo run, we are open to feeling the elements more. It is at this time that we begin to understand more about ourselves, our limits and where we want to go. But it is always good to come back into the strength of team, family and community.



God encourages us to maximise the support structures around us. Is there any person I know who needs my support at this time? Can I support them with some of my time, love and energy?



Ballinlough Meals on Wheels

To ensure the continuation of this valuable service kitchen assistants and drivers are needed – 1 hour approximately every second week.

Please contact Kay 086 - 8769 660



This is our last newsletter until September. Have a great Summer and stay safe.