

FIRST SUNDAY OF LENT 6TH March

Although we are strongly drawn to follow Jesus, we will experience strong conflicts and temptations to follow "other gospels". If we stay with Jesus in prayer and friendship we can overcome such conflicts.

MASSES

Vigil Saturdays 6p.m. Sundays: 9a.m. & 11a.m.
Weekdays: Monday to Saturday 10 a.m.

CONFESSIONS

Saturdays 10.30am and 5.30pm

Monsignor Gearóid Dullea P.P.
Tel: 429 2296
Emergency Mobile 087 – 239 5434

Parish Office: 429 4332

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Web: www.ballinloughparishcork.ie

Webcam: www.churchservices.tv/ballinloughlourdes



Feast days of the week in March

Monday 7th March St. Perpetua and St. Felicity were Christian martyrs of the 3rd century. Vibia Perpetua was a recently married well educated noblewoman, said to have been 22 years old at the time of her death, and mother of an infant.

St. Felicity a slave imprisoned with her and pregnant at the time was martyred with her. They never lost their faith in Jesus, they continued to believe in Jesus Christ even though they were put to death.

Tuesday 8th St. John of God, 1495-1550, devoted his life to the care of the poor and the sick, He is patron saint of nurses, the sick, heart patients, printers and booksellers.

St. Seanan was born near Kilrush, Co. Clare. His family were prosperous farmers. His vocation seems to have resulted from an experience of danger from the sea. His early studies were mainly made at the monastery of Kilnamanagh. His principal monastic foundation was on Scattery Island, near Kilrush, in the Shannon Estuary. He was anamchara to Ciaran of Clonmacnois and Brendan, and died in 544.

Wednesday 9th St. Frances of Rome Frances' life combines aspects of secular and religious life. A devoted and loving wife, she longed for a lifestyle of prayer and service, so she organized a group women to minister to the needs of Rome's poor. She fell ill for a time, but this only deepened her commitment to the suffering, and her society flourished. When her husband passed away she came to live the remainder of her life with the society serving the poorest of the poor.

Friday 11th St. Aengus. Was a monk in Clonenagh, Co. Laois, who came to the monastery at Tallaght at the end of the eight century during the abbacy of Maelruain to spend a period under his direction. He was renowned for his devotion to both foreign and native saints and composed two martyrologies. He returned to Clonenagh, where he became abbot and bishop. He died around 824

Deaths.

We remember in our prayers Donal O'Leary, South Lodge, may he rest in peace, our sympathies to his family, relatives and neighbours.

FRIDAY PENANCE

The following are suggested as ways of fulfilling Friday penance.

- Abstaining from meat or some other food;
- Abstaining from alcoholic drink or smoking;
- Making a special effort at involvement in family prayer;
- Making a special effort to participate in Mass on Fridays;
- Visiting the Blessed Sacrament;
- Making the Stations of the Cross;
- Fasting from all food for a longer period than usual and perhaps giving what is saved to the needy;
- Helping the poor, sick, old or lonely.

Society of St. Vincent de Paul

Need help or wish to volunteer:

Contact SVP 021 427 0444

Church Gate Collection this week-end 5th & 6th March

The Novena in honour of Matt Talbot will be starting again in The Way of the Cross Church, Togher at 7.30 p.m. on the Mondays of Lent. We are delighted that we can celebrate in person this year but for those who are far away and would like to join online they can do so at <https://www.churchservices.tv/togher>
Organised by Cork Regional Pioneer Council



Volunteers Needed Tidy Towns Caring for our environment

Monday 7th March at 8p.m. in the Ballinlough Community Centre.

You may wish to email: BallinloughRA@gmail.com



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**Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.
May their souls and the souls of all the faithful departed, through the mercy
of God, rest in peace. Amen.**

The Computer Swallowed Grandma

The computer swallowed grandma
Yes, honestly its true
She pressed 'control' and 'enter'
And disappeared from view.

It devoured her completely
The thought just makes me squirm
She must have caught a 'virus'
Or been eaten by a 'worm.'

I've searched through the 'recycle bin'
And files of every kind
I've even used the 'Internet'
But nothing did I find.

In desperation, I asked Jeeves
My searches to refine
The reply from him was negative
Not a thing was found 'online.'

So if inside your 'Inbox'
My Grandma you should see
Please 'Copy,' 'Scan' and 'Paste' her
And send her back to me!

