THIRTY – FIRST SUNDAY IN ORDINARY TIME 31ST OCTOBER The commandment of God is to love him and love people: Both are so interlinked that in loving people we love God.

MASSES

Vigil Saturdays 6p.m. Sundays: 9a.m. & 11a.m. Holy Days 10a.m. & 7.30p.m. Weekdays: Monday to Saturday 10 a.m.

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Monday 1st November, Feast of All Saints

MASSES: 10.00a.m. and 7.00p.m.

Deaths

We remember in our prayers Sandra Ryan, Well Road, may she rest in peace. Our sympathies to her family, relatives, and neighbours.



Envelopes for the Novena for the Holy Souls are available in the Church. You may return your envelopes to the Sacristy/Parish Office/Parish House. The Novena begins on Tuesday 2nd November, Feast of All Souls.

One of the impacts of Covid was a rise in the amount of "screen time". Finding ourselves spending more time 'looking down than looking up'. This is especially worrying for our children. Please check out these useful websites with resources for keeping our children safe online. Office for internet Safety; Webwise; That's not cool; Think you know; Net lingo; Translate it; Laya Healthcare Online Safety; Screen Time app; Connect Safely; Google Family Safety Centre; PEGI Rating System; Kid Rex (safe search); YouTube Policy & safety; ICIA'S Parents Guide to Mobile Phones Irish Mobile Phone Operators Code of Practice. (Courtesy of Dr. Maureen Griffin)

Feast days of the week (November)

Monday 1st All Saints. The ultimate object of veneration of the Saints is the glory of God and the sanctification of man by conforming one's life fully to the divine will and by imitating the virtue of those who were pre-eminent disciples of the Lord.

Tuesday 2nd. All Souls. From the earliest days of the Christian religion the Church has honoured with great respect the memory of the dead, and because it is a holy and a wholesome thought to pray for the dead that they may be loosed from their sins, she offers her suffrages for them.

Wednesday 3rd. St. Malachy. Was born near Armagh in 1094. He became Vicar of Ceallach, the reforming Bishop of Armagh, and he continued this work of reform as Bishop of Connor and, later, Bishop of Armagh, Earlier he had restored the monastery of Bangor and in 1142 founded the monastery of Mellifont, the first Cistercian house in Ireland. He had visited St. Bernard at Clairvaux on a journey to and from Rome in 1139. In 1148 Malachy set out from Ireland to meet the Pope but died on his way at Clairvaux, where he caught fever and died in the arms of Bernard and is buried in the abbey church.

Thursday 4th. St. Charles Borromeo, 1538-84, Cardinal Archbishop of Milan at the age of twenty-one, worked for reform in his diocese, drafting the Catechism of the Council of Trent. Patron saint of catechists and seminarians.

Friday 5th. St. Martin de Porres, 1579-1639, became a Dominican lay brother, spending his nights in prayer and penance, his day in the monastery, caring for the sick and the poor. He is renowned for his devotion to the Blessed Sacrament.

The Society of St. Vincent de Paul Greatly appreciates your continuing support. October Collection €820. Need help or wish to volunteer you may contact SVP at 021 – 427 0444

SVP Church Gate Collection next weekend 6th/7th November.

Mater Dei Academy.

Cork's Catholic Classical Secondary School for Boys and Girls. Open evening (in person) on Thursday 4th November at 7.30p.m. Register at <u>www.materdeiacademy.ie</u> or by calling 021 – 2021 229





Society of St. Vincent de Paul

Safeguarding Prayer

Lord Jesus,

Hear our voices as we pray for your care and protection.
Strengthen and guide us as we strive to make our Catholic communities a safe place for all.
We especially ask that the children and vulnerable adults you entrust to our care are protected.
Give us the wisdom and courage to listen with open hearts, see with open eyes, and speak out to ensure children and vulnerable adults are safe, loved, respected, and cared for.
May we also pray for those who have been harmed. Give them the courage to seek the truth and to heal.
Lord, you call us to walk with integrity in the service of others. May we all strive to understand our collective responsibility to work together to safeguard our Catholic communities.

Guide us as we build a community that fosters everyone to flourish and be safe.

We ask this through Christ, our Lord, Amen.

Prayer to Saint Joseph

God, heavenly Father, grant us the fortitude of Christ your Son to face the Covid-19 crisis with thrust, patience and compassion. Give us the grace of the Holy Spirit to free us from fear and look forward together to the future with healing and hope. Through the intercession of Saint Joseph, the guardian of Jesus, and Mary his mother and mother of the Church, May we be guided through this time of peril?

Preserve us in peace; heal the sick; protect the vulnerable; Keep safe our health care workers and all who serve society, At home and abroad.

We ask this through Christ our Lord......Amen

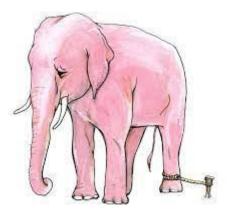
The Elephant Rope (Belief)

A man was walking through an elephant camp, and he spotted that the elephants weren't being kept in cages or held by the use of chains. All that was restraining them from escaping the camp, was a small piece of rope tied to one of their legs. As the man gazed upon the elephants, he was completely confused as to why the elephants didn't just use their strength to break the rope and escape the camp. They could easily have done so, but instead, they didn't try to at all. Curious and wanting to know the answer, he asked a trainer nearby why the elephants were just standing there and never tried to escape.

The trainer replied; "when they are very young and much smaller we use the same size rope to tie them and, at that age, it's enough to hold them. As they grow up, they are conditioned to believe they cannot break away. They believe the rope can still hold them, so they never try to break free." The only reason that the elephants weren't breaking free and escaping from the camp was that over time they adopted the belief that it just wasn't possible.

Moral of the story:

No matter how much the world tries to hold you back, always continue with the belief that what you want to achieve is possible. Believing you can become successful is the most important step in actually achieving it.



A burglar breaks into a house. He starts shining his light around looking for valuables. Some nice things catch his eye, and as he reaches for them, he hears, "Jesus is watching you." Startled, the burglar looks for the speaker. Seeing no one, he keeps putting things in his bag, again, he hears, "Jesus is watching you." This time, he sees a parrot. "Who are you?" the burglar asks. "Moses," the bird replied. "Who the heck would name a bird Moses?" the man laughed. "I dunno," Moses answered, "I guess the same kind of people that would name a Rottweiler Jesus."